

Bell Flour Mix

Makes 3 cups of flour

- 1c White Rice Flour
- 1c Brown Rice Flour
- 3/4c Tapioca Starch
- 3T Amaranth

1. Measure all flours together and mix

Tips

You can substitute Amaranth for another flour you have on hand. Including rice and tapioca. I have come to like using ground up buckwheat groats.

More tips and recipes on Gluten Free cooking at recipes.bellclan.xyz